

Fresno County Food Stamp Offices
Nutrition Topic Interest Survey – August 2007

Nutrition Topic	Extremely & A lot of Interest	A little Interest	No Interest at all
<i>Healthy Fast Foods</i> – home-made and on the go	88%	9%	4%
<i>Make a Change!</i> – Sugar & Fat	83%	15%	5%
<i>Myth Busters, Popular Diets, & Nutrition Misinformation</i>	81%	16%	4%
<i>The Nutrition Connection to Chronic Good Health</i> – preventing obesity, diabetes, cancer & other chronic diseases	80%	18%	3%
<i>12 Foods = 6 Meals</i> – putting your knowledge to use	79%	18%	3%
<i>Get Moving!</i> Physical Activity	79%	17%	4%
<i>Healthy Eating Guidelines</i> – MyPyramid Food Groups	68%	24%	7%
<i>Plan, Shop, Save</i> - Shopping for Food	65%	23%	11%
<i>Tools of the Trade:</i> Label reading, servings, MyPyramid	64%	29%	8%
<i>Keep Active in Warm Weather with Healthy Fluids</i>	61%	32%	6%
<i>Parenting Skills</i> to positively impact children’s eating habits	59%	19%	22%
<i>Keeping Children Iron-Strong</i> – prevent iron deficiency anemia	54%	24%	23%
<i>Staying Safe....in the kitchen</i> – Food Safety	50%	33%	17%
<i>Make It Last... Managing Your Money</i> – Budgeting for food stamp eligibles	49%	19%	33%

Note: Percentages may not add to 100% due to rounding.